

2019/2020 4th Japan Cup Speed Skating Competition

Day 1

as of 13 feb. 2020

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Warm-up				1 x 65'00	65'00		7:30	8:35
Ice preparation		(Opening Ceremony)			0	25'00	8:35	9:00
Men	Div.B	500m	12	6 p x 01'45	11'00		9:00	9:11
<i>Change system</i>					0	08'00	9:11	9:19
Ladies	Div.B	3000m	11	3 q x 06'00	18'00		9:19	9:37
Ice preparation (race lanes)					0	15'00	9:37	9:52
Men	Div.B	5000m	16	4 q x 08'00	32'00		9:52	10:24
Warm up (for Div.A)				1 x 40'00	40'00		10:24	11:04
Ice preparation					0	20'00	11:04	11:24
Ladies	Div.A	500m	24	12 p x 02'10	26'00		11:24	11:50
Ice preparation (race lanes)					0	15'00	11:50	12:05
Men	Div.A	500m	20	10 p x 02'10	22'00		12:05	12:27
Ice preparation		(Flower giving - 500m)			0	30'00	12:27	12:57
Ladies	Div.A	3000m	16	4 q x 05'30	22'00		12:57	13:19
Ice preparation		(Flower giving - 3000m)			0	20'00	13:19	13:39
Men	Div.A	5000m	16	4 q x 08'00	32'00		13:39	14:11
Ice training		(Flower giving - 5000m)		1 x 30'00	30'00		14:11	14:41

SCHEDULE WITH ALL RESERVED

Signature Referee Ladies:

Signature Referee Men:

2019/2020 4th Japan Cup Speed Skating Competition

Day 2

as of 14 feb. 2020

Category	Div.	Distance	Number of skaters	Series x time	Time	Planning		
					compet.	iceprepar.	start	end
Warm-up (for Div.B)				1 x 65'00	65'00		7:30	8:35
Ice preparation					0	25'00	8:35	9:00
Ladies	Div.B	1000m	10	5 p x 02'30	13'00		9:00	9:13
Change system					0	02'00	9:13	9:15
Men	Div.B	1000m	25	13 p x 02'20	30'00		9:15	9:45
Warm up (for Div.A)				1 x 40'00	40'00		9:45	10:25
Ice preparation					0	20'00	10:25	10:45
Men	Div.A	3000m	9	3 q x 05'30	17'00		10:45	11:02
Ice preparation (race lanes)		(Flower giving - 3000m)			0	20'00	11:02	11:22
Ladies	Div.A	1000m	20	10 p x 02'30	25'00		11:22	11:47
Ice preparation (race lanes)		(Flower giving - 1000m)			0	20'00	11:47	12:07
Men	Div.A	1000m	20	10 p x 02'15	23'00		12:07	12:30
Warm up (for MSR)		(Flower giving - 1000m)		1 x 10'00	10'00		12:30	12:40
Ice preparation					0	20'00	12:40	13:00
Ladies		Mass start	17	1 h x 10'00	10'00		13:00	13:10
<i>Change system</i>					0	10'00	13:10	13:20
Men		Mass start	20	1 h x 10'00	10'00		13:20	13:30
Ice training		(Flower giving - Mass start)			0	30'00	13:30	14:00

SCHEDULE WITH ALL RESERVED

Signature Referee Ladies:

Signature Referee Men:

2019/2020 4th Japan Cup Speed Skating Competition

Day 3

as of 15 feb. 2020

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Warm-up				1 x 65'00	65'00		7:30	8:35
Ice preparation					0	25'00	8:35	9:00
Men	Div.B	1500m	22	6 q x 03'30	21'00		9:00	9:21
Warm up (for Div.A)				1 x 40'00	40'00		9:21	10:01
Ice preparation					0	20'00	10:01	10:21
Ladies	Div.A	1500m	27	7 q x 03'15	23'00		10:21	10:44
<i>Change system</i>					0	02'00	10:44	10:46
Men	Div.A	1500m	20	5 q x 03'00	15'00		10:46	11:01
Ice preparation					0	20'00	11:01	11:21
Ladies	Div.A	5000m	11	3 q x 08'30	26'00		11:21	11:47
Ice preparation		(Flower giving - 1500m • 5000m)			0	20'00	11:47	12:07
Men	Div.A	10000m	12	3 q x 15'30	47'00		12:07	12:54
		(Flower giving - 10000m)			0	15'00	12:54	13:09
SCHEDULE WITH ALL RESERVED								

Signature Referee Ladies:

Signature Referee Men: